

**Organisation: University of Leicester**

**Standalone training session**

**Audience: Multiprofessional health. Social care and education workers**

### **Learning outcomes for training**

The aims of the training are that by the end of the training students should be able to:

- Define or at least have working definitions of “culture” and “cultural diversity”
- Evaluate their own attitudes and perceptions (including personal bias) of different groups within society and thereby evaluate and justify the approaches used in their own clinical practice
- Identify how practitioner culture may influence clinical practice.
- Describe the legislation that exists to ensure equal opportunities
- Compare and contrast the evidence available regarding effective interventions to create culturally appropriate services
- Identify strategies to ensure that the services they deliver are culturally appropriate for diverse populations

### **Before the training**

The delegates were asked to undertake some reading to maximise the contact time which was restricted to 2.5 hours. They were also given some tasks to complete during the reading such as How do you envisage applying what you learn into practice?

### **Teaching Plan**

9.30-9.45 Context for the morning (overview)

9.45-10.10 Small group exercise re stereotyping

10.10-10.30 Feedback from groups

10.30-11.00 Links between exercise and paper discussion.

11.00. 11. 20 Small groups paper discussion and feedback

11.20-11.50 Issues from the morning relating to their own practice

11.50-12.00 Summary of themes

**Evaluation:** Subjective evaluation only and the programme was very well received.

### **Comments:**

Training worked well despite the variation of delegate experience and backgrounds. The delegates valued the facilitators explaining the rationale for the training. Found the interactive focus especially useful as an opportunity to think about their own perspectives. The session was only deliverable in 2.5 hours because of the preparation given – without this limited value.

